

Soups & Salads

HOMEMADE CHICKEN NOODLE SOUP, SOUP OF THE DAY "ASK YOUR SERVER" OR BLACK BEANS WITH RICE AND RED ONION
CUP 2.99 BOWL 3.99

TUNA SALAD OR 100% BREAST CHICKEN SALAD 8.99
SURROUNDED WITH FRESH FRUIT

ADD TO ANY SALAD:
FRESH CATCH OR SHRIMP 4.99 • CHICKEN 3.99
TENDERLOIN 5.99 • GRILLED MARINATED TOFU 2.99

WARM GORGONZOLA STEAK SALAD 12.99
MEDIUM RARE TENDERLOIN STEAK SLICED THIN ON A BED OF MIXED GREENS WITH SPANISH OLIVES, GORGONZOLA CRUMBLES, WEDGED TOMATOES AND SAUTÉED PORTOBELLO MUSHROOMS, DRIZZLED WITH ROASTED SHALLOT VINAIGRETTE

JUNE'S SPINACH SALAD 7.99
FRESH BABY SPINACH TOSSED WITH CHOPPED APPLES, WALNUTS AND BLUE CHEESE, IN A BALSAMIC VINAIGRETTE DRESSING

MEDITERRANEAN SALAD 8.99
MIXED GREENS TOPPED WITH TOMATOES, CUCUMBERS, SPANISH OLIVES, RED ONIONS, PEPPERONCINI, FETA CRUMBLES AND WALNUTS, DRIZZLED WITH GREEK DRESSING

CLASSIC CAESAR 5.99
CRISPY ROMAINE HEARTS WITH HOUSE MADE GARLIC CROUTONS, WOMS CAESAR DRESSING AND SHREDDED PARMESAN CHEESE

ALL SALADS COME WITH YOUR CHOICE OF A FRESH BAKED MUFFIN, SCONE, OR BREAD

Traditional Sandwiches

• BUILD YOUR OWN ON CHOICE OF BREAD - WHITE, WHEAT, RYE, FRESH BAKED RUSTIC 7 GRAIN, SOURDOUGH, WHEAT OR SUNDRIED TOMATO WRAP

• RUN YOUR SANDWICH THROUGH THE GARDEN AND ADD LETTUCE, TOMATO, ALFALFA SPROUTS, ONIONS OR CUCUMBER

CHICKEN SALAD 7.99

ALBACORE TUNA 7.99

VIRGINIA STYLE HAM 6.99

GRILLED CHEESE, TOM. & BACON 5.99

MELT IN YOUR MOUTH ROAST BEEF 8.99

SOUP & 1/2 DELI SANDWICH 6.99


1/2 DELI SANDWICH AND YOUR CHOICE OF ANY OF OUR HOMEMADE SOUPS

• ADD CHEESE 50¢ (SWISS, PROVOLONE, CHEDDAR, JACK, AMERICAN, HAVARTI)


• SANDWICHES SERVED WITH PICKLE & CHIPS

• CHEF'S SIDE, "ASK YOUR SERVER" \$1.25

LEGEND

 ALL NATURAL, NO PRESERVATIVES

 HEALTHIER ALTERNATIVES

 PREPARED GLUTEN FREE WITH VDI'S WHOLE GRAIN GLUTEN FREE BREAD OR BY LEAVING OUT CERTAIN INGREDIENTS

Speciality Sandwiches & Paninis

SERVED WITH PICKLE & CHOICE OF SIDE "ASK YOUR SERVER"

"METHUSELAH" 7.99
THE BEST GARDEN BURGER PERIOD! TOPPED WITH GREEN LEAF LETTUCE, TOMATO, RED ONION AND GUACAMOLE. SERVED ON GRILLED CIABATTA BREAD

CUBAN PANINI 8.99
ROASTED PORK, SLICED HAM, PROVOLONE CHEESE AND SLICED PICKLES ON PRESSED CIABATTA BREAD WITH MUSTARD DRESSING

"WOM" BURGER 8.99
8 OZ BURGER SERVED ON CIABATTA BREAD WITH LETTUCE, TOMATO AND YOUR CHOICE OF CHEESE AND BACON

TUNA MELT SANDWICH (ON RYE W/SWISS CHEESE & TOMATO) 7.99

REUBEN 8.99
WITH CORNED BEEF OR TURKEY, SAUERKRAUT, 1000 ISLAND DRESSING (ON THE SIDE) AND SWISS CHEESE ON RYE BREAD

ROUNDUP WRAP 8.99
SHAVED HAM, ROAST BEEF, TURKEY, BACON, LETTUCE, TOMATO, JACK AND CHEDDAR WITH HORSERADISH AIOLI IN A SUNDRIED TOMATO WRAP

GRILLED CHICKEN PANINI 8.99
MARINATED CHICKEN TENDERS, FRESH MOZZARELLA, TOMATO, RED ONION AND TARRAGON MAYO, ON FRESHLY BAKED CIABATTA BREAD

HEATHER'S DELIGHT PANINI 8.99
HOT HAM, TURKEY, SWISS & PROVOLONE WITH 1,000 ISLAND (ON THE SIDE) AND A LAYER OF SLAW ON CIABATTA BREAD

ITALIAN PANINI 8.99
CLASSIC ITALIAN, WITH GENOA SALAMI, HAM, TOMATOES, ONION, PEPPERONCINIS, AND PROVOLONE CHEESE WITH BALSAMIC VINAIGRETTE DRIZZLE

VEGGIE PANINI 7.99
MARINATED GRILLED PORTOBELLO MUSHROOM, TOMATO, RED ONIONS, ROASTED RED PEPPERS, ALFALFA SPROUTS, HAVARTI CHEESE AND SLICED CUKES, DRIZZLED WITH BALSAMIC VINAIGRETTE, ON FRESH BAKED CIABATTA BREAD

ROAST BEEF PANINI 8.99
MEDIUM RARE ROAST BEEF, ROASTED RED PEPPERS, HAVARTI CHEESE AND HORSERADISH AIOLI, ON FRESH BAKED CIABATTA BREAD

FRESH CATCH SANDWICH 9.99
BLACKENED OR GRILLED, SERVED ON CIABATTA BREAD WITH LETTUCE, TOMATO AND A SIDE OF TARTAR SAUCE

MARINATED AND GRILLED TOFU SANDWICH 7.99
SLICED TOFU MARINATED AND GRILLED, TOPPED WITH SPROUTS, CUCUMBERS, TOMATOES AND ONIONS. SERVED ON GRILLED CIABATTA BREAD

Wet Your Whistle



FRESH-GROUND REGULAR OR DECAF COFFEE 1.99

FLAVORED COFFEE OF THE DAY 1.99

POT OF HOT TEA 1.99

HOT CHAI TEA OR HOT CHOCOLATE W/WHIPPED CREAM 2.49

SODA POP, LEMONADE, ICED TEA, PANNA (STILL),

PERRIER (SPARKLING), FLAVORED TEA OF THE DAY 1.99

ASSORTED JUICES: CRANBERRY, TOMATO, VB, FRESH SQUEEZED

FLORIDA DJ OR GRAPEFRUIT SM 1.99 LG 2.49

MILK: REGULAR, SKIM OR 2% 1.99 W/CHOCOLATE 2.49

ESPRESSO 1.99 DOUBLE ESPRESSO 2.99

CAPPUCCINO 2.99 LATTE 2.99

MIMOSA 3.99

ADD FLAVORED SYRUP .99

LIMITED B&L 07/11

Word of Mouth Limited

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711 S. Osprey Ave.

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~ Call early for convenient takeout ~

Delivery Available at ashleysfood.com

Catering inquiries please contact:
Shannon Lugannani 941-284-6640

Your experience in our Word of Mouth home has been made possible by our valuable family of servers, bussers, cooks, bakers, dishers & hosts. We are all bound together by the spirit of teamwork and creative pride. We aspire to make your visit fun, memorable & delicious! We want to thank all of our customers who are responsible for making us busy and giving us job security. We have many daily regulars and we thank you for spreading "THE WORD".

WOM uses eco-friendly garbage bags, and biodegradable to go cups.

Visit Our Other Locations:

3981 Cattleman Road, Sarasota, FL 34233 • 941-371-0239
6604 Gateway Avenue, Sarasota, FL 34231 • 941-925-2400

First Things First


FRESH BAKED ASSORTED MUFFINS 1.99

FRESH BAKED SCONES 1.99

FRESH BAKED CROISSANTS LG 2.49

TENNESSEE MOUNTAIN BISCUITS 1.99

ASSORTED BAGELS 1.99 W/CREAM CHEESE 2.49

 TOAST OR ENGLISH MUFFIN 1.75

* WE MAKE A "GAZILLION" VARIETIES OF OUR FRESH BAKED MUFFINS & SCONES! SPECIAL ORDERS ARE WELCOME -


PLEASE TRY TO GIVE US 3 DAYS NOTICE ON BAKERY ORDERS. ALSO AVAILABLE - COOKIES, BROWNIES & MUCH MORE!



Healthy Starts

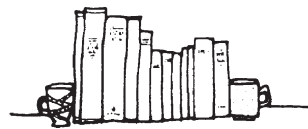
  FRESH FRUIT SELECTION "THE BEST IN SARASOTA" SM 3.99 LG 4.99

  FRESH BERRIES ONLY SM, LG MARKET VALUE

 BOWL OF HOMEMADE GRANOLA TOPPED WITH FRESH FRUIT & YOGURT SM 5.99 LG 6.99

 OATMEAL SM 2.99 LG 3.99 WITH BANANAS OR APPLES ADD .99

Sides, etc



EGG - HOWEVER YOU WANT IT 1.49

EGG WHITES ADD .49 PER EGG

BACON OR SAUSAGE PATTIES 2.99

VIRGINIA-STYLE BAKED HAM 2.99

SOUR CREAM .99

GUACAMOLE 1.75

HOMEMADE SALSA .99

HOMEFRIES - RED SKINNED POTATOES W/GARLIC & ONIONS 1.99

W/MELTED CHEESE 2.99

W/SALSA, SOUR CREAM & CHEESE 3.99

SOUTHERN GRITS 1.49

SLICED TOMATOES 1.99

MAPLE SYRUP 1.99

WHIPPED CREAM .99

CONSUMING RAW OR UNDERCOOKED MEATS OR EGGS WITH LESS THAN WELL DONE YOLKS, MAY POSE AN INCREASED RISK OF FOODBORNE ILLNESS.

Barnyard Basics & Beyond



THE BARNYARD SPECIALTY 4.99

2 EGGS CHOICE OF TOAST OR MUFFIN & HOMEFRIES OR GRITS

EGG WHITES AVAILABLE .49 PER EGG
ADD SAUSAGE OR BACON WITH YOUR BARNYARD FOR JUST 1.99



BUILD YOUR OWN BREAKFAST EGG SANDWICH 6.99

CHOOSE A SANDWICH SIZE ENGLISH MUFFIN OR FRESH BAKED BUTTERMILK BISCUIT - ADD CHOICE OF SHAVED HAM, BACON, SLICED TURKEY OR SAUSAGE AND CHOICE OF MELTED CHEESE - COMES WITH A SIDE OF HOMEFRIES OR GRITS

TENNESSEE MOUNTAIN BISCUIT WITH SAUSAGE GRAVY 5.99

DEEP PAN QUICHE 8.99

QUICHE OF THE DAY SERVED WITH SIDE OF FRUIT AND MUFFIN OR SCONE



LOX & BAGEL 9.99

SERVED WITH LETTUCE, TOMATO, ONION, CREAM CHEESE & CAPERS

THREE AMIGOS BREAKFAST BURRITO 8.99

FILLED WITH EGGS, CHORIZO SAUSAGE, PEPPERS, ONIONS, CHEDDAR & PEPPER JACK TOPPED WITH SALSA, SOUR CREAM, GUACAMOLE, JALAPENO & BLACK OLIVES CHOICE OF HOMEFRIES OR GRITS



CORNED BEEF HASH 8.99

OUR HOMEMADE HASH SERVED WITH SLICED TOMATOES AND EGGS HOW YOU LIKE 'EM - CHOICE OF TOAST OR MUFFIN



GREEK BREAKFAST WRAP 7.99

SCRAMBLED EGGS, BLACK OLIVES, SPINACH, TOMATOES, ONION AND FETA CHEESE - CHOICE OF HOMEFRIES OR GRITS

EGGS BENEDICT 9.99

2 POACHED EGGS SET ATOP A TOASTED ENGLISH MUFFIN AND GRILLED HAM. COVERED WITH HOLLANDAISE SAUCE - COMES WITH A SIDE OF HOMEFRIES OR GRITS

COUNTRY BENEDICT 8.99

TENNESSEE MOUNTAIN BISCUIT WITH PATTY SAUSAGE AND TWO EGGS THE WAY YOU LIKE 'EM, TOPPED WITH SAUSAGE GRAVY

FRESH CUT SIDE OF FRUIT MAY BE SUBSTITUTED FOR HOMEFRIES OR GRITS ... ADD 1.49

LEGEND



ALL NATURAL, NO PRESERVATIVES



HEALTHIER ALTERNATIVES



PREPARED GLUTEN FREE WITH VDI'S WHOLE GRAIN GLUTEN FREE BREAD OR BY LEAVING OUT CERTAIN INGREDIENTS

Specialties from the Griddle

BLUEBERRY OR STRAWBERRY PANCAKES 7.99

TWO BUTTERMILK PANCAKES STUFFED WITH YOUR CHOICE OF FRESH BLUEBERRIES OR STRAWBERRIES AND TOPPED WITH WARM BERRY COMPOTE



LOW-FAT BUTTERMILK OR HEARTY BUCKWHEAT PANCAKES

TWO 4.99 THREE 5.99

ADD YOUR CHOICE (2) OF BANANAS, APPLES, CRANBERRIES, CHOCOLATE CHIPS, PECANS, WALNUTS OR ALMONDS 1.99

ADD SAUSAGE OR BACON WITH YOUR CAKES FOR AN EXTRA 1.99

CHEESE BLINTZES 8.99

SERVED WITH ORANGE SOUR CREAM FRAPPÉ, A SIDE OF FRESH FRUIT AND CHOICE OF A MUFFIN OR SCONE



SOURDOUGH OR SEVEN GRAIN FRENCH TOAST 5.99

ADD YOUR CHOICE OF BLUEBERRY OR STRAWBERRY COMPOTE 1.49

Awesome Omelettes



SERVED WITH CHOICE OF HOMEFRIES OR GRITS ALONG WITH TOAST, BISCUIT OR FRESH BAKED MUFFIN

(EGG WHITES AVAILABLE WITH ANY OMELETTE ... ADD 1.50)



SPINACH, BACON, CHEDDAR 8.99



VEGGIE, TOMATO & FRESH HERBS 7.99



BODYBUILDER'S CHOICE 8.99

EGG WHITE OMELETTE WITH TURKEY AND LITE CHEDDAR



LOX OMELETTE 9.99

LOX OMELETTE WITH TOMATOES, ONIONS AND CAPERS



WESTERN OMELETTE 8.99

HAM, ONIONS, BELL PEPPERS AND CHEDDAR CHEESE

CHECK OUR DAILY SPECIALS OR ASK YOUR SERVER TO BUILD YOUR OWN OMELETTE CREATION.

Kids Stuff \$4.50



MICKEY MOUSE PANCAKE WITH ONE PIECE BACON



GRILLED CHEESE WITH KIDS FRUIT



PB&J WITH KIDS FRUIT



SCRAM EGGS WITH TOAST AND ONE PIECE BACON

WORD OF MOUTH LIMITED IS SO CALLED DUE TO THE SIZE OF THE "SMALL" KITCHEN, SO WE HAVE HAD TO ADAPT THE MENU ACCORDINGLY AND APOLOGIZE IF WE CUT OUT ONE OF YOUR FAVORITES.